



United States Army Hawaii (USARHAW) Guidelines for Cleaning and Disinfecting Surfaces



Personnel under Restriction of Movement (ROM) or individuals who are experiencing respiratory symptoms (cough, sore throat, shortness or breath, or fever) are encouraged to clean and disinfect frequently touched surfaces after use and before other individuals touch the surfaces. This includes toilets, faucets, sinks, tables, doorknobs, light switches, countertops, handles, desks, phones, and keyboards. If surfaces are dirty, clean them using detergent or soap and water prior to disinfection.

Guidelines for Cleaning and Disinfecting Surfaces

- Most common household disinfectants will work. Use disinfectants appropriate for the surface.
- Cleaning products options Include:
 - Diluting household bleach.
 - Mix 5 tablespoons (1/3rd cup) bleach per gallon of water
 - OR
 - 4 teaspoons bleach per quart of water
 - Alcohol solutions (ensure solution has at least 70% alcohol).

Guidelines for Command Teams

- Units are responsible for providing life support to Soldiers under ROM order (food, hygiene, products, etc).

- For more information on cleaning and disinfecting surfaces visit the Centers for Disease Control and Prevention at www.cdc.gov