Menu subject to change based upon availability

# Week 1

## Sunday
- **Breakfast Menu**
  - Fruit, Fruit Juices (V)
  - Cream Gravy/Biscuits
  - Breakfast Tornados
  - Breakfast Sandwich
  - Breakfast Burrito
  - Cream Gravy/Biscuits
- **Mid-Day Fare**
  - Egg Drop Soup
  - Minestrone Soup (V)
  - Tortilla Soup
  - Chicken Gumbo Soup
  - Portuguese Bean Soup
- **Featuring**
  - Soup of the Day
  - Vera Cruz Basa Swai
  - Vegetable Lasagna (V)
  - Lemon Garlic Fish
  - Baked Chicken
  - Lemon Chicken
- **Fresh Grilled Items**
  - Roast Turkey
  - Steamed White Rice (V)
  - Steamed Rice (V)
  - Spanish Rice (V)
  - Grilled Squash Zucchini (V)
  - Balsamic Roasted Veggies (V)
  - Cabbage Salads (V)
  - Collard Greens

## Monday
- **Breakfast Menu**
  - Oatmeal/Grits (V)
  - French Toast (V)
  - Bacon/Sausage
  - Turkey Links
  - Turkey Links
  - Turkey Links
  - Turkey Links
- **Lunch Menu**
  - Chinese Braised Chicken
  - Grilled Zucchini (V)
  - Black Bean Cheese Enchiladas
  - Fried Chicken
  - Loco Moco
- **Featuring**
  - Vera Cruz Basa Swai
  - Vegetable Lasagna (V)
  - Balsamic Roasted Veggies (V)
  - Grilled Squash Zucchini (V)
  - Balsamic Roasted Veggies (V)
  - Cabbage Salads (V)
  - Collard Greens

## Tuesday
- **Breakfast Menu**
  - Sweet Potato Fries
  - Grilled Chicken
  - Grilled Chicken
  - Ham & Cheese
  - Ham & Cheese
  - Ham & Cheese
  - Ham & Cheese
- **Lunch Menu**
  - French Fries
  - Hamburger
  - Hamburger
  - Hamburger
  - Hamburger
  - Hamburger
  - Hamburger
- **Featuring**
  - Sweet Potato Fries
  - Grilled Chicken
  - Grilled Chicken
  - Grilled Chicken
  - Grilled Chicken
  - Grilled Chicken
  - Grilled Chicken

## Wednesday
- **Breakfast Menu**
  - Oatmeal/Grits (V)
  - French Toast (V)
  - Bacon/Sausage
  - Turkey Links
  - Turkey Links
  - Turkey Links
  - Turkey Links
- **Lunch Menu**
  - Chinese Braised Chicken
  - Grilled Zucchini (V)
  - Black Bean Cheese Enchiladas
  - Fried Chicken
  - Loco Moco
- **Featuring**
  - Vera Cruz Basa Swai
  - Vegetable Lasagna (V)
  - Balsamic Roasted Veggies (V)
  - Grilled Squash Zucchini (V)
  - Balsamic Roasted Veggies (V)
  - Cabbage Salads (V)
  - Collard Greens

## Thursday
- **Breakfast Menu**
  - Oatmeal/Grits (V)
  - French Toast (V)
  - Bacon/Sausage
  - Turkey Links
  - Turkey Links
  - Turkey Links
  - Turkey Links
- **Lunch Menu**
  - Chinese Braised Chicken
  - Grilled Zucchini (V)
  - Black Bean Cheese Enchiladas
  - Fried Chicken
  - Loco Moco
- **Featuring**
  - Vera Cruz Basa Swai
  - Vegetable Lasagna (V)
  - Balsamic Roasted Veggies (V)
  - Grilled Squash Zucchini (V)
  - Balsamic Roasted Veggies (V)
  - Cabbage Salads (V)
  - Collard Greens

## Friday
- **Breakfast Menu**
  - Oatmeal/Grits (V)
  - French Toast (V)
  - Bacon/Sausage
  - Turkey Links
  - Turkey Links
  - Turkey Links
  - Turkey Links
- **Lunch Menu**
  - Chinese Braised Chicken
  - Grilled Zucchini (V)
  - Black Bean Cheese Enchiladas
  - Fried Chicken
  - Loco Moco
- **Featuring**
  - Vera Cruz Basa Swai
  - Vegetable Lasagna (V)
  - Balsamic Roasted Veggies (V)
  - Grilled Squash Zucchini (V)
  - Balsamic Roasted Veggies (V)
  - Cabbage Salads (V)
  - Collard Greens

## Saturday
- **Breakfast Menu**
  - Oatmeal/Grits (V)
  - French Toast (V)
  - Bacon/Sausage
  - Turkey Links
  - Turkey Links
  - Turkey Links
  - Turkey Links
- **Lunch Menu**
  - Chinese Braised Chicken
  - Grilled Zucchini (V)
  - Black Bean Cheese Enchiladas
  - Fried Chicken
  - Loco Moco
- **Featuring**
  - Vera Cruz Basa Swai
  - Vegetable Lasagna (V)
  - Balsamic Roasted Veggies (V)
  - Grilled Squash Zucchini (V)
  - Balsamic Roasted Veggies (V)
  - Cabbage Salads (V)
  - Collard Greens