



# TRIPLER ARMY MEDICAL CENTER

>>>> NEWS RELEASE <<<<

## *For Immediate Release*

For more information, contact the TAMC Public Affairs Office  
at (808) 433-5785 or [TAMCPublicAffairsOffice@amedd.army.mil](mailto:TAMCPublicAffairsOffice@amedd.army.mil)

May 7, 2010 a

### **Get your child's required school or sports physical now**

TRIPLER ARMY MEDICAL CENTER—While the 2009-2010 public school year ends May 26, it's not too early to prepare for the new school year.

Parents are encouraged to get required school physicals done now, to avoid the rush before the new school year begins Aug. 2.

Children who are enrolled with TRICARE at Tripler Army Medical Center's Pediatric and Adolescent clinics may get their required school and sports physicals at their primary care clinics at Tripler during mass walk-in clinics on Saturdays, June 5, July 10 and Aug. 14, 9 a.m. – 2 p.m. Normal Saturday clinics will be cancelled on these days.

Parents of children who are enrolled at Schofield Barracks Health Clinic should call to make appointments with their primary care managers during normal clinic hours.

Parents whose children have food allergies or other special healthcare needs should also call the schools where their children are being registered to ask if special forms need to be completed by their child's doctor.

#### **Who needs a school or sports physical exam**

1. A physical exam performed by a U.S.-licensed MD, DO, APRN, or PA must be completed within one year before a student enters a school in Hawaii (preschool or K-12 grade).
2. Children participating in organized sports through the school.

#### **Who does NOT need a school/sports physical**

1. Anyone changing grades in the same school. However, all children should have an annual checkup, which can be scheduled at any time during the year.
2. A child who has had an annual checkup in the past eight months does not need another exam. The child's parent or guardian can drop off the required form(s) at the clinic where the child receives care, and the physician who did the exam can fill out the forms. The completed form(s) will usually be ready within three working days.

#### **What to bring to the appointment**

1. Any forms provided by the school, or special forms (such as for medication)
2. Immunization records
3. If already in the Hawaii school system, please bring a copy of the child's DOE Form 14 that was last filled out, as it includes required immunization data.

#### **If you cannot get an appointment before school starts**

1. Go to either the Family Practice or Pediatrics clinics on a walk-in basis to get needed immunizations.

2. Hawaii public schools allow your child to start school, if the child has all of the required immunizations and either a completed DOE Form 14 or a note from the health care provider's office stating that an appointment is scheduled within 30 days of entering the school.

For information about physical exams or form completion, call the Tripler Army Medical Center's Pediatrics Clinic at 433-9728, the Adolescent Clinic at 433-4165, the Schofield Barracks Health Clinic at 433-8175/8155, or consult with your doctor.

More information about the state's requirements for enrollment in public schools can be found at:

**State Department of Education**

<http://doe.k12.hi.us/register/index.htm>

**State Department of Health FAQ's:** go to <http://hawaii.gov/health> and type "school health requirements" in the Google custom search window in top right corner of the web page.