

## TAMC NCOs celebrate AMEDD enlisted corps



Master Sgt. Eric Feliciano was one of several Tripler Army Medical Center NCO's who wore a period uniform and recited General Order 29 during a ceremony held March 1 in Kyser Auditorium.

**Nick Spinelli**  
*Editor*

Earlier this month, the Army Medical Department's enlisted corps celebrated its 124th anniversary. Tripler Army Medical Center recognized this occasion with a week of events and activities designed to honor the corps history.

"We have a long, rich history," said TAMC Command Sgt. Maj. William Franklin. "Since the revolutionary war, all the way through to today, medics have led the way."

The events kicked off with a ceremony held in Kyser Auditorium March 1. Soldiers modeled the various uniforms worn by Army medics throughout U.S. history and recited General Order 29, which established the Army Hospital Corps in 1887.

"It's fitting to recognize where we came from and to carry the torch to the next generation," said Franklin who proceeded to sign his name to the order.

As the week continued, TAMC's senior noncommissioned officers honored the enlisted medical corps by assuming the responsibility of performing colors every morning and evening of the week, a task usually performed by more junior Soldiers.

Additionally, a run was held the morning of March 4 around the Tripler grounds. A cookout was held later that afternoon at the Soldier's pavilion. During the cookout, several Soldiers demonstrated several scenarios of Army medics in combat throughout history. Afterward, Franklin thanked the medical corps for their dedication and service.

"On the battlefield, medics take care of, serve, and protect America's sons and daughters," he said. "I can think of no hire calling. I am humbled by what you do and I am honored to be a part of your team."



Several events were held during Tripler Army Medical Center's week-long celebration of the U.S. Army Medical Department's enlisted corps. On the last day, a barbecue was held at the Tripler Soldier's Pavillion. During the cookout, several Soldiers demonstrated a simulated medical air evacuation from a combat zone. Photo by Nick Spinelli.

# Tripler Army Medical Center provides “Strong Bonds” for families of autistic children

**Jan Clark**

*TAMC Public Affairs Officer*

Nineteen families, to include 25 children with autism and their siblings, joined the Tripler Army Medical Center (TAMC) Department of Pastoral Care (DMPC) at a Strong Bonds for families with autistic children retreat held Mar. 4 to 6 at the Marriott Ihilani Resort & Spa at Ko Olina.

With hundreds of military families with a child with autism across the island, in November TAMC Commander, Brig. Gen. Keith Gallagher, approached the DPMC asking that they conduct a Strong Bonds Retreat for families of autistic children.

“This was the first retreat of its kind in Hawaii and included Army and Navy,” said TAMC Chaplain (Col.) Sherman Baker. “The focus of the retreat was to bring together families with children with an autism spectrum disorder that share a common bond in order to promote learning, support, encouragement and fellowship while strengthening their marriages and relationships. This special Strong Bonds program allowed families to recognize ways to build resilience in the marriage while living with the challenges of autism and the military lifestyle.”

The one-on-one child care was provided by Kamaaina Kids complete with lots of activities and games for all age groups. The specialized care allowed inclusion of the children with autism with typically developing children. On Saturday, the school aged children went to Camp Timberline for a fun day of outdoor activities and games.

“On Saturday participants were visited by United Army Pacific Commander, Lt. Gen. Benjamin Mixon, who spoke about the high priority of commitment at senior Army leadership levels to continue to support families including those with special needs during austere fiscal times. He listened to the hardships faced by the families and to their requests for increased community and TRICARE ECHO Applied Behavior Analysis (ABA) support. He, in turn, learned that families of children with an Autism Spectrum Disorder and other disorders experience chronic stress similar to that of our combat Soldiers,” said Baker.

During the retreat, the group participated in discussions that addressed common challenges they face daily. These included: the four danger signs of communication, expectations, forgiveness, problem solving, sensual & sexual misunderstandings, isolation, fear, a sense of loss, worry about their children’s futures, worry for the siblings, effects on the mar-

riage and not enough funding directed to therapy.

“While participants were encouraged to examine some of the expectations they brought into their relationship, we stressed the need for forgiveness. We spoke about the language of forgiveness and the need to move to reconciliation while working through the pain and giving up the need to get even,” said Chaplain (Cpt.) Timothy Stansberry.

Following the Sunday worship service, an Autism Panel Discussion offered the opportunity for questions and discussion about the special needs and issues families encounter. The panelists were Thomas Gallagher, M.D., developmental pediatrician, TAMC; Jim Partington, PhD, BCBA-D an international expert in Autism Care; Aletha Sutton, PhD, Autism District Educational Specialist, Windward School District; and panel moderator, Alan Gamble, LCSW, clinical social worker, TAMC Office of Special Needs & Services.

Questions ranged from: “What causes autism?” “How do we get siblings to understand autism?” to “What treatments work best?” A sibling workshop was held simultaneously lead by Geisha Glass-Abdullah, Army Community Services, Exceptional Family Member Program to explore and support typically developing brothers’ and sisters’ feelings and experiences in a peer group setting.

“This weekend was about military couples and families, ways to improve communication in a marriage and for families with children with autism, giving them an opportunity to meet with other families and do some networking, and to just have some time they can spend together to grown more intimate with one another,” said Chaplain (Lt. Col.) Jon Hollenbeck.

One of the attending family members summed it up best: “Thank you a thousand times for putting this together. My family needed this retreat more than I can express in words and actions. To your commander I thank you for this Strong Bonds program, and ask you to consider this annually for families of autistic children.”

“Our plan, with Brig. Gen. Gallagher’s full support, is to do just that – hold a yearly retreat for EFMP families,” said Hollenbeck.

Visit the TRICARE website for further information:  
<http://www.tricare.mil/mybenefit/ProfileFilter>.

## Congratulations to four more RNCs in the Neonatal Intensive Care Unit!

**Patricia Wilhelm**

*Neonatal Intensive Care Unit*

Four more RN’s in the NICU obtained their certification (RNC) in Neonatal Intensive Care this past month: Katie Carter, Rose Ann McLane, Joanne Reyes, and Kelli Yamamura.

The certification process is a long one. They must first obtain

2,000 hours in direct patient care in the NICU. Then they must study and take a nationally recognized exam! They join an elite group of nurses in the NICU who have continued to study and demonstrate their commitment to excellence in patient care!

The NICU now has 14 of 26 or 53% NSPS RN’s with their certification. The goal: 100%! We are well on our way!

**Tickets go on sale 1 February, 2011 @[www.warriormemorial.com](http://www.warriormemorial.com)**

**Numbers are Limited so Sign-Up Today!**



Ride for our Fallen Warriors Motorcycle

**Join the 2/25 SBCT Memorial Association in honoring our Fallen Warriors on April 9, 2011 through Kolekole Pass.**

**Registration starts at the Stryker Brigade Motor Pool Schofield Barracks, Hawaii between 8.30-10am.**

**Early Registration by March 1, 2011 is \$40.00 per person**  
**Registration between March 1-April 1, 2011 will be \$50.00 per person**  
Registration fee includes our Poker Ride Signature t-shirt and Meal  
 There will be games, music, and prizes at the final stop of the Ride.  
 \*\*\*100% of the proceeds support the 2<sup>nd</sup> Stryker Brigade Memorial Association's Mission\*\*\*

*The mission of Our Memorial Association is to forever honor the Fallen Soldiers of the 2nd Stryker Brigade Combat team, 25th Infantry Division, by engraving their names on the Memorial at Schofield Barracks and aiding the return of our Gold Star Families to see their loved ones honored at our rededication ceremony. By donating to the 2<sup>nd</sup> Stryker Brigade Combat Team Memorial, you are helping Our cause to create an enduring tribute for all.*

**[www.warriormemorial.com](http://www.warriormemorial.com)**

Visit us on Facebook at [www.facebook.com/TriplerArmy-MedicalCenter](http://www.facebook.com/TriplerArmy-MedicalCenter) or on Twitter at [@TripMedCen](https://twitter.com/TripMedCen)

# Tripler to undergo annual electrical breaker certification

The Utilities and Maintenance Section will be conducting the annual electrical breaker certification. The purpose of the certification is to meet Joint Commission requirements, electrical code requirements and to maintain system reliability of the overall electrical system for the hospital.

To support this work, a transfer of all circuits and short outages on the normal, radiological and kitchen circuits will be conducted. During the transfers you may experience a power blip similar to the generator test.

The outage on the normal circuit will affect ivory colored electrical outlets and some of the lighting fixtures. The schedule is as follows:  
PHASE 1 – AFFECTS WINGS F, G, H

March 19, 8 pm

- Transfer of all circuits. You may experience power blips.
- A short 2 to 3 minute outage on the normal and radiological circuits.

March 20, 8 pm

- Transfer of all circuits. You may experience power blips.
- A short 2 to 3 minute outage on the normal and radiological circuits

PHASE 2 – AFFECTS WINGS A, B, C, D

March 23, 8 pm

- Transfer of all circuits. You may experience power blips.
- A short outage on the normal and kitchen circuits.

March 24, 8 pm

- Transfer of the all circuits. You may experience power blips.
- A short outage on the normal and kitchen circuits.

March 26, 8 pm

- Transfer of all circuits. You may experience power blips.

As a precautionary measure, during the times above it is recommended to power down and unplug your PC. For more information, contact: Bobby Vinluan at 433-2980/Pg 571-9123, Nelson Cadiente at 433-2589/Pg 641-0581, or Kevin Yasutake at 433-4566/Pg577-2275




**TRIPLER AMC BOSS**  
Presents  
**COD BLACK-OPS TOURNAMENT**  
**SATURDAY MARCH 26TH STARTING AT 3PM**  
**CALL OF DUTY BLACK OPS (XBOX 360)**  
**DOHET 9TH FLOOR — 4 PLAYER TEAMS**  
**PRIZES FOR WINNING TEAM AND MOST KILLS**  
**RSVP BY 15MAR\* (\$40 PER TEAM)**

**CALL OF DUTY BLACK OPS TOURNAMENT**  
**REGISTRATION FORM**

**RATE YOUR TEAM LEVEL (PLEASE CIRCLE):**

			
Private InEfy (Beginner)	SFC Escalate (Intermediate)	SFC Escalate (Advanced)	CSM Escalate (Expert)

NAME OF YOUR TEAM: \_\_\_\_\_

POC and Phone Number: \_\_\_\_\_

TEAM MEMBERS (4 Player Team):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IS YOUR TEAM WILLING TO BRING AN XBOX 360 W/ COD GAME? **YES/NO?**

**PLEASE RETURN THIS REGISTRATION FORM AND THE \$40 REGISTRATION FEE TO YOUR SECTION/DEPARTMENT BOSS REP BEFORE 15MARCH.**

----- CUT HERE -----

**GROUND RULES:**

- Inappropriate behaviors will NOT be tolerated and participant/spectator involved will be ask to leave.
- Please bring enough controllers for all the team members
- NO ALCOHOL ALLOWED!**
- By registering, your team agrees to follow the ground rules and the instructions given by the event organizers.

BOSSCODE0703/28/11

RECEIPT FOR (NAME OF THE TEAM):  
TEAM WAS REGISTERED BY (NAME AND SIGNATURE OF THE BOSS REP, AND DATE):

CALL OF DUTY BLACK OPS TOURNAMENT— 3/26/11 STARTING @ 3pm—DOHET







*The Officers, Noncommissioned Officers, and Soldiers of  
Warrior Transition Battalion, Tripler Army Medical Center,  
Pacific Regional Medical Command  
Invite you to the Change of Command Ceremony at which  
Command will pass from*

**Lieutenant Colonel David A. Weisberg**  
to  
**Lieutenant Colonel Stanley T. Garcia**

*At 1300 hours on the 18<sup>th</sup> of March 2011*

*The Ceremony will take place on Hamilton Field, Schofield Barracks  
Reception will immediately follow the Ceremony.*

# March is Nation Traumatic Brain Injury Awareness Month

**Lt. Gen. Eric Schoemaker**

*U.S. Army Surgeon General*

March is National Brain Injury Awareness Month. Traumatic Brain Injuries (TBIs) are disruptions of the brain that occur due to a blow or jolt to the head or penetrating head injuries. The severity of TBIs can range from mild to severe. The Army wants Leaders, Soldiers and Family members to understand the signs and symptoms of mild traumatic brain injuries (TBIs), also called concussions, and the importance of seeking prompt medical care—which is an act of strength and courage.

Most concussions occur without a loss of consciousness and are treatable. The majority of people who experience a concussion recover completely with no lasting effects. Some common signs and symptoms of a concussion may include amnesia, confusion, dizziness, fatigue, headache, slurred speech, nausea, vomiting or ringing in the ears. Some people have memory or concentration problems, sensitivity to light and noise, sleep disturbances, irritability and depression.

What the Army has done? The Army adopted an “Educate, Train, Treat and Track” strategy in late 2009 and implemented a theater mild TBI/concussion protocol in June 2010. Any deployed Soldier who sustains a direct blow to the head, experiences a loss of consciousness, is within 50 meters of a blast (inside or outside), is in a vehicle associated

with a blast event, collision or rollover, or is command-directed (especially in cases involving exposure to multiple blasts events) must undergo a medical evaluation. The protocol also requires a minimum 24-hour downtime period, followed by medical clearance before a Soldier may return to duty. A comprehensive medical evaluation is also mandatory for any Soldier who sustains three concussions within 12 months.

What does the Army have planned for the future? The Army is aggressively researching the latest methods to protect Soldiers from injuries using improved equipment to detect brain injuries, and neuroimaging techniques and assessments to treat concussions/mild TBI. Why is the prevention of concussions important for Army? Soldiers are the Army’s most important resource. Explosions and blows to the head can disrupt brain function and cause Soldiers to experience the effects of concussion. Whether on the battlefield or at home (vehicle accident, sporting event, a fall, etc.) the keys to successful recovery after a concussion are early detection, intervention to include education and treatment to include rest. Rest is very important because it helps the brain to heal. Ignoring signs and symptoms after a concussion and trying to “tough it out” can make symptoms worse. The guidance for Soldiers and leaders is to be patient because it takes time for the brain to heal.

Army Medicine: Bringing Value...Inspiring Trust!

## National Brain Injury Awareness Month: What you should know about TBI

**Nick Spinelli**

*Editor*

March has been named as Brain Injury Awareness Month to bring attention to and encourage seeking of treatment for a suspected or known Brain Injury. Events planned include banners/posters posted at the Ocean Side entrance and in the Dining Facility of Tripler Army Medical Center. There are also events planned for Schofield Barracks and open house will be held on March 24 from 1 to 3 pm in room 9B114 of TAMC.

But what exactly is a Brain Injury and why is it traumatic? For starters, there is the severe Traumatic Brain Injury, which is the most publicized kind. This type of injury can lead to permanent memory loss, decreased cognitive functions, seizures, comas and even death. However, far more common is mild TBI, also known as a concussion.

“When you’re dazed, confused, or knocked out after some kind of injury to your brain, that’s a concussion,” explained Dr. Sarah Miyahira, the Pacific Region Medical Center’s TBI program director.

“It can happen because of a blow to the head, a fall, or an IED explosion.”

The symptoms of a concussion, which is a mild TBI, can vary, although the most common ones are feeling dazed or confused, seeing stars, or a loss of consciousness.

“Most people will feel slowed down, mentally and physically, for a while after a concussion. They may feel dizzy or notice that their balance is off. They may have a headache or feel a bit nauseated. It’s also common for people to have a harder time concentrating, focusing their attention, and remembering everyday things, such as chores, appointments, or where they may have put personal items,” Miyahira said. “People who’ve had a concussion may also find that little things bother them much more easily than they did before. Loud noises, bright lights, or requests to do things might irritate them much more quickly. People who know them well may find them unusually short-tempered, moody, or grouchy.”

Miyahira stressed that there is no such thing as a minor brain in-

jury and while the above symptoms are normal for a concussion and usually pass after a few days, it’s still important for anyone who may be suffering from a concussion to get checked out. Left untreated, a concussion can lead to further injury and could potentially become life-threatening.

Currently, TAMC’s Concussion/TBI Clinic is actively treating 200 patients. They were diagnosed with TBI based on the answers to three questions: 1. Did you have any injury(ies) during your deployment from any of the following? 2. Did any injury received while you were deployed result in any of the following? 3. Are you currently experiencing any of the following problems that you think might be related to a possible head injury or concussion? Answers to these questions can help to determine whether a patient has TBI and how severe it is. From there, providers can determine a course of treatment.

“The treatment of TBI often includes four stages: immediate, intermediate, rehabilitation, and transitional,” George Husky, the

PRMC TBI program administrator, said. “The treatment in each stage will depend on how bad the brain injury is and the physical condition of the patient at each stage. If the injury is detected and treated early, most patients will have improvement in brain function and return to some level of a productive life.”

Husky pointed out that each patient will recover at their own pace and to different degrees, depending on the number and type of injuries. Patients shouldn’t get frustrated or embarrassed by their injuries or if they feel they aren’t recovering quickly enough.

“The stigma of having a TBI or a concussion is no longer a valid reason for not seeking treatment,” he said. “All service members and others who have been subjected to, or think they have been subjected to Brain Injury should seek help as soon as possible from the nearest treatment facility.”

For more information on TBI, visit the the Defense and Veterans Brain Injury Center at [www.dvbic.org](http://www.dvbic.org), the “Traumatic Brain Injury Survival Guide for Patients,” at [www.tbiguide.com](http://www.tbiguide.com).

## *Chando assumes command of TAMC Troop Command*

**Nick Spinelli**

*Editor*

Col. Jacqueline Chando assumed command of the Tripler Army Medical Ceremony Troop Command from Lt. Col. Steven Hale in a ceremony held March 15.

“I can truly say that there has been nothing more enjoyable during my time on island,” said Hale. “The professionalism, dedication and desire of the soldiers and civilians I’ve had the privilege to command and work with has been an inspiration to me and pushed me to strive to continually meet and exceed the standards they’ve set.”

Chando said she was both grateful and humbled for the opportunity to serve as commander.

“I know with this Command comes a tremendous responsibility, and I am thankful for this opportunity to continue to serve this great Army, during this critical time,” she said. “I’m well aware of the great gift that was given to me today. Command is always a privilege, and command in time of war is a distinct honor.”

Brig. Gen. Keith Gallagher was on hand for the ceremony and took the opportunity to thank Hale for his service as well as welcome Chando to her new position as commander.

The Troop Command of Tripler Army Medical Center has more than 1400 Soldiers assigned to the unit and is comprised of the Headquarters, Medical Company A, Medical Company B, Medical Company C (Schofield Barracks Health Clinic), Medical Company D (Student Company). The Troop Command also includes the Human Resource Division (military and civilian), Personnel Administration Center, and Personnel Operations and Training (S3).

## NEWS BRIEFS

The Army Health Promotion & Risk Reduction Task Force, HQDA requests that you share your perspectives and experiences relative to “stigma” and seeking behavioral health by taking 10 minutes or so of your time to complete a short survey. A lot of initiatives have been implemented over the past years in an effort to promote help-seeking behavior, and your feedback will serve as a measure of their effectiveness. Additionally, your anonymous responses will provide valuable insight as additional policies, procedures and programs are developed to better serve Soldiers, Family members and DA civilians. Please elaborate upon your responses beyond “yes/no” and provide examples as appropriate. Thank you in advance for helping with this effort, and we request that you complete the survey prior to 4 Mar 11. You can find the survey at <https://survey.army.mil>. AKO username and password required unless you are already logged in to AKO or the forums.

All staff who intend to present, speak or submit abstracts, posters, presentations under any external (public) venue MUST follow required procedures. For those articles/presentations requiring clinical investigation review, please contact the Clinical Investigation Department by calling 433-6709.

You will be provided with instruction and the necessary paperwork to begin clearance procedures. For those whose speaking engagements or presentations do not require CI clearance, please visit the TAMC Intranet front page. Scroll down to ON-GOING and click on Public Affairs Policies for Staff. Click on MEDCOM Policy on review of manuscripts or presentations for use in public domain and follow those instructions. A checklist is provided. If it goes to the public, it goes through the Public Affairs Office first! Any questions, call 433-2809/5785.

The Integrative and Interventional Pain Clinics are now functionally one interdisciplinary team! To ease pain consult decisions for providers, we now have a single consult portal into TAMC for Pain within CHCS/AHLTA. When “PAIN” is typed into CHCS/AHLTA, three options will be available.

1. PAIN CENTER INTERDISCIPLINARY
2. PAIN SRP-PAIN
3. PAIN NET PAIN

Your specific referral question/consult will then be assigned to the appropriate team members accordingly. We look forward to continuing to assist you with your patients’ pain management needs.

The Department of Public Works will be replacing a 10” water line

near building 127 and the Center for Aging until June 3. Work will not begin until after the morning rush hour and one lane along Krukowski Road will be open at all times. Work will end at approx 6:30 pm daily. DPW thanks you for your understanding as they work to improve Tripler infrastructure.

A hospital-wide Linen Inventory will be held on April 4 from 6:30 to 11:30 am. All using activities at Tripler AMC and U.S. Army Health Clinic, Schofield Barracks, are required to participate in this inventory. A Linen Management Section representative will be contacting appropriate users for the required briefing on inventory procedures and provide the necessary Inventory Instruction Sheet and Count Sheet.

The 13th Annual James W. Bass Research Symposium featuring presentations of selected Graduate Medical Education Research will be held May 11, 2011 in the Tripler Army Medical Center Kyser Auditorium. The 4th Annual Donald A. Person Poster Session displaying clinical case studies and Graduate Medical Education Research will be held from noon to 2 pm on Wednesday, 11 May 2011 in the 10th Floor Conference Room. All TAMC GME Program Directors, House Staff and Staff are strongly encouraged to attend

and support the research achievements of TAMC’s outstanding GME trainees. Abstract deadline will be April 15, 2011. Call Maj. Jason Barnhill at 433-7170 for more information.

The U.S. Army, Pacific and the Australian Defence Force (ADF) are sponsoring the 21st Asia-Pacific Military Medicine Conference (APMMC XXI), May 2-6, 2011 at the Sydney Hilton. The website is now up and open for registration. Log on to <http://www.apmmc.org> for more information.

Air Soft Warriors Hawaii, a non-profit organization of air-soft enthusiasts dedicated to hosting air-soft tournaments in the name of Wounded Warriors, is looking for individuals who would like to volunteer their time or provide a donation of any amount for an upcoming tournament.  
Who: VOLUNTEERS. Open registration for teams (requires own equipment)  
What: Air Soft Tournament  
Where: Schofield Barracks Urban Assault Training Area (MOUT)  
When: Saturday, March 26, 2011, time TBD  
Why: To raise funds and awareness for the Wounded Warrior Project. And to have fun!  
Contact Capt. Girah Caraballo at 433-4033/7828 for more information.



Please join us for the

**2<sup>nd</sup> Qtr FY 11 Retirement Ceremony**

**In honor of SFC Devauld-Bryant**

**17 March 2011**  
**1500 hours**  
**Troop Command Lawn**

**POC: Troop Command S-3 at 433-9183/7034**