

Lt. Col. Stanley Garcia assumes command of WTB

Tere Bandy

TAMC Public Affairs

Change is one thing that the Army has a history of enduring. In the rapidly mobilized military life of many Soldiers live, leaders come and go. It is the seamless transitions that allow the Army mission to keep rolling along. On March 18, 2011 leaders, guests, and members of the Warrior Transition Battalion (WTB), Tripler Army Medical Command, Pacific Regional Medical Command gathered to honor the prestigious change of command of Lt. Col. David Weisberg service as the unit's battalion commander came to a close as incoming Lt. Col. Stanley Garcia gears up to take the reins of dedication, commitment, and care.

Unlike most military units the WTB is unique composition of a multi-component battalion, consisting of Active Duty members, U.S. Army Reserves, Army National Guard, and Department of the Army Civilians demands a well orchestrated staff and support. All members served a collective mission to "provide Command and Control, Primary Care, and Case Management for Warriors in Transition to establish conditions for healing and to promote the timely return to the force or transition to continue serving the Nation as a veteran in their community."

Weisberg fulfilled his roll and duties with great success as commander, which he credits to those he worked with.

"The work they do here is truly world class, professional, and cutting edge. The best way I can express my absolute admiration and appreciation for my team is to let them know that this is the team I would want for myself or my family if we needed care. This is not only the team I would trust, this is the team I would ask for," he said.

During the ceremony, Garcia addressed the audience stating, "Ultimately, when we look back on the footprints that this Battalion leaves, they should lie alongside the footprints of the Warriors in Transition as we move forward together on a path to greater stability, recovery and healing. I look forward to serving with you all."

Garcia also made a deliberate point to point out the current morale of the battalion, congratulating Weisberg for, "a job superbly done." Both leaders carry a select point of view about the Warriors in Transition, but it was Weisberg that summed up their mutual opinion.

"The WTB is a great organization because you deserve nothing but the best," he said.

Garcia, a native of Honolulu, Hawaii was the distinguished graduate from the Hawaii Military Academy receiving his commission as a Second Lieutenant in the Infantry in 1991. He served as a Mortar Platoon Leader in Co. A, 1st Battalion, 299th Infantry and as a Rifle Platoon Leader in Co. B, 1st Battalion, 299th Infantry. He was selected to attend United States Army Aviation Center Initial Entry Rotary Wing Course, graduating as an Army Aviator in 1993. His Aviation service includes various Platoon Leader, command and staff positions.



Lt. Col. Stanley Garcia assumed command of the Warrior Transition Battalion in a ceremony held March 18. Photo by Tere Bandy.

Poison Prevention Week Poster Contest Guidelines

The purpose of the contest is to educate the public about the dangers of poisonings and poison prevention. The winning poster will receive a prize and award certificate. The winning poster will also be enlarged and used to advertise for next year's Poison Prevention Week at Tripler Army Medical Center. All participants will receive a certificate for participation.

By submitting an entry to the poster contest, the applicant agrees to the following guidelines. Late requests cannot be honored. In addition, clearly print the artist's name and contact information in the lower right-hand corner on the back of the poster. Examples of posters are below.

1. The poster contest is open to all ages.
2. Any medium can be used: paint, crayon, markers, pencils, etc.
3. Entries can not include any state or regional logos or symbols. Trademark symbols, company names, or characters (e.g. Snoopy, Tylenol, Matrin) are prohibited.
4. There are no size requirements for submission. Entries can be horizontally or vertically oriented.
5. Original art must be submitted. Copies will not be accepted.
6. The deadline for entry is March 24, 2011.
7. Poster will be judged by the department of pharmacy at Tripler Army Medical Center.
8. Posters will be judged on creativity, originality, neatness and poison prevention message.
9. Artist of the winning poster will be notified by March 28, 2011.
10. Posters will not be returned unless requested with submission by the artist.
11. Poster entries should be mailed or delivered to :

Department of Pharmacy (MCHK-PY)
RE: Poison Prevention Poster Contest
1 Jarrett White Road
Honolulu, HI 96859



What's in your Medicine Cabinet?



Unwanted Medication Return

March 21 – 25, 2011

0800 – 1600

TAMC Outpatient Pharmacy Refill Window

Medications will be screened as controlled substances cannot be accepted
Pharmacy cannot accept syringes, needles, and other sharps



PoolSafely.gov
Twitter: @poolsafely

Rapid Response: Pool and Spa Safety in the News

Just this week, a child drowned in your community. Should you continue to report about this tragedy? The U.S. Consumer Product Safety Commission (CPSC) encourages you to use this incident as a teachable moment to share information and resources with your audience about how to prevent drownings.

CPSC has launched [Pool Safety: Simple Steps Save Lives](#), a national public education effort to reduce child drowning and non-fatal submersions, and entrapments in swimming pools and spas. In support of the campaign, a [new CPSC report](#) released in May 2010 shows that from 2007-2009, there was an estimated average of 4,200 pool or spa emergency department-treated submersions for children younger than 15; and children between the ages of 12 to 35 months represented 47% of estimated injuries for these years.

Additionally:

- The majority of deaths and injuries occur in residential settings and involve children ages 1-2
- Drowning is the leading cause of unintentional death to children ages 1-4
- Most young children drown when there is a short lapse in adult supervision and access to the pool is easy
- Little children drown quickly and silently

So How Do You Pool Safely?

The greatest water safety assurance in swimming pools and spas comes from adopting and practicing as many water safety steps as possible. Adding that extra safety step in and around the water can make all the difference. You can never know which safety measure will save a life – until it does. The following list outlines the water safety steps that can and should be taken to keep children safe.

Behavioral: staying close, being alert, and watching children in and around the pool

- Never leave a child unattended in a pool or spa; always watch your child when they are in or near a pool or spa
- Teach children basic water safety skills
- Avoid entrapment by keeping children away from pool drains, pipes and other openings
- Have a phone close by at all times when you or your family are using a pool or spa
- If a child is missing, look for them in the pool or spa first
- Share safety instructions with family, friends and neighbors

Knowledge-based: learning and practicing water safety skills

- Learn how to swim and ensure your children know how to swim as well
- Learn to perform CPR on children and adults; update those skills regularly
- Understand the basics of life-saving so that you can assist in a pool emergency

Equipment: having the appropriate equipment

- Install a 4-foot fence around the perimeter of the pool and spa and use self-closing and self-latching gates. Ask your neighbors and community groups to do the same at all residential pools
- If your house serves as the fourth side of a fence around a pool, install a door or pool alarm and use it
- Ensure any pool or spa you use has compliant drain covers; ask if you do not know
- Maintain pool and spa covers in good working order
- Have life saving equipment such as life rings or floats available and easily accessible

For More Information:

Visit www.PoolSafely.gov

Follow the campaign on Twitter [@poolsafely](https://twitter.com/poolsafely)

Visit the Flickr page at www.flickr.com/photos/poolsafely

Visit our YouTube channel at www.youtube.com/poolsafely

To schedule an interview with a CPSC official or find out more about the campaign, contact Kristofer Eisenla of Widmeyer Communications at 202-867-0901 or kristofer.eisenla@widmeyer.com.

Chaplain Thought for the Week: “Kindness to all”

Chap. (Capt.) Lee Harms
Warrior Transition Battalion Chaplain

“Kindness is never wasted. If it has no effect on the recipient, at least it benefits the bestower.”

- S.H. Simmons

A number of days after the bombing of Pearl Harbor, people in North Platte Nebraska found out that D company of the Nebraska National Guard would be passing through their town on a train in route to do some training on the West Coast. “A crowd gathered at the Union Pacific train station to greet the soldiers with cookies, candy and gifts. However when the train arrived, it turned out to be a totally different D company from Kansas and not from Nebraska. There was a moment of hesitation and then someone in the crowd said, “Well, what are we waiting for?” and then began handing out their gifts to the soldiers.

This act of kindness and patriotism continued throughout all of World War II. The town offered itself as “the North Platte Canteen, and for 365 days a year they gave out hot coffee, donuts and encouragement to soldiers passing through the station. By April 1, 1946 the town had served over 6 million GIs.

The truth is that it does not matter too much who we extend kindness to. Kindness is especially appreciated by those facing challenging times. We all need the blessings that come from kindness both by giving it and receiving it!

**Nurses Week
Nurses Leading the Way with Trust and Quality**

- ▶ What: Poster Presentations & Lecture
- ▶ Where: Kyser Auditorium
- ▶ When: 10 May 2011 (1000 to 1200)
- ▶ Guest Speaker: Dr. Meg Johangten (1200 to 1300)
- ▶ Submit your poster: Research, Evidence-Based Practice, Performance Improvement, Education, Innovation, and Clinical Practice (Submit individually, as a ward, or product line)
- ▶ Open to nurses (all services), academics and nursing students
- ▶ Must be present from 1000-1145 to discuss the poster with visitors/judges
- ▶ Meg Johangten, PhD, RN from the University of Maryland will provide a lecture on the Doctorate of Nursing Practice (DNP) vs. Masters Degree in Nursing vs. PhD in Nursing
- ▶ Contact MAJ Angelo Moore (angelo.moore@amedd.army.mil) to learn more about the event and provide a 150 word (or less) abstract NLT 27 April 2011

Tickets go on sale 1 February, 2011 @www.warriormemorial.com

Numbers are Limited so Sign-Up Today!

Ride for our Fallen Warriors Motorcycle

Join the 2/25 SBCT Memorial Association in honoring our Fallen Warriors on April 9, 2011 through Kolekole Pass.

Registration starts at the Stryker Brigade Motor Pool Schofield Barracks, Hawaii between 8.30-10am.

Early Registration by March 1, 2011 is \$40.00 per person
Registration between March 1-April 1, 2011 will be \$50.00 per person

Registration fee includes our Poker Ride Signature t-shirt and Meal
There will be games, music, and prizes at the final stop of the Ride.

100% of the proceeds support the 2nd Stryker Brigade Memorial Association's Mission

The mission of Our Memorial Association is to forever honor the Fallen Soldiers of the 2nd Stryker Brigade Combat team, 25th Infantry Division, by engraving their names on the Memorial at Schofield Barracks and aiding the return of our Gold Star Families to see their loved ones honored at our rededication ceremony. By donating to the 2nd Stryker Brigade Combat Team Memorial, you are helping Our cause to create an enduring tribute for all.

www.warriormemorial.com

Visit us on Facebook at www.facebook.com/TriplerArmy-MedicalCenter or on Twitter at @TripMedCen

NEWS BRIEFS

The Tripler Army Medical Center Chaplains' Office is sponsoring a Strong Bonds Training for Spouses of Deployed Soldiers 25-27 March at the Ihilani Resort. The event includes: Relationship Training and materials; Hotel stay for 2 nights; continental breakfast for mornings; lunch and dinner will be provided. For more information call 433-2937.

University of Hawaii is hosting the Western Athletic Conference Track and Field Championship meet May 10 - May 13 2011, and are looking for volunteers to assist running the meet. All volunteers will be given a WAC championship meet t-shirt and be fed lunch, also free admission to the meet that will include no cost parking. Attached is the "WAC T&F Schedule for the meet." Please contact Althea at: altheab@hawaii.edu or 956-2532 (email is best for now) for more information.

The Army Health Promotion & Risk Reduction Task Force, HQDA requests that you share your perspectives and experiences relative to "stigma" and seeking behavioral health by taking 10 minutes or so of your time to complete a short survey. A lot of initiatives have been implemented over the past years in an effort to promote help-seeking behavior, and your feedback will serve as a measure of their effectiveness. Additionally, your anonymous responses will provide valuable insight as additional policies, procedures and programs are developed to better serve Soldiers, Family members and DA civilians. Please elaborate upon your responses beyond "yes/no" and provide examples as appropriate. Thank you in advance for helping with this effort, and we request that you complete the survey prior to 4 Mar 11. You can find the survey at <https://survey.army.mil>. AKO username and password required

unless you are already logged in to AKO or the forums.

All staff who intend to present, speak or submit abstracts, posters, presentations under any external (public) venue MUST follow required procedures. For those articles/presentations requiring clinical investigation review, please contact the Clinical Investigation Department by calling 433-6709. You will be provided with instruction and the necessary paperwork to begin clearance procedures. For those whose speaking engagements or presentations do not require CI clearance, please visit the TAMC Intranet front page. Scroll down to ON-GOING and click on Public Affairs Policies for Staff. Click on MEDCOM Policy on review of manuscripts or presentations for use in public domain and follow those instructions. A checklist is provided. If it goes to the public, it goes through the Public Affairs Office first! Any questions, call 433-2809/5785.

The Integrative and Interventional Pain Clinics are now functionally one interdisciplinary team! To ease pain consult decisions for providers, we now have a single consult portal into TAMC for Pain within CHCS/AHLTA. When "PAIN" is typed into CHCS/AHLTA, three options will be available.

1. PAIN CENTER INTERDISCIPLINARY
2. PAIN SRP-PAIN
3. PAIN NET PAIN

Your specific referral question/consult will then be assigned to the appropriate team members accordingly. We look forward to continuing to assist you with your patients' pain management needs.

The Department of Public Works will be replacing a 10" water line near building 127 and the Center for Aging until June 3. Work will not begin until after the morning rush hour and one lane along




TRIPLER AMC BOSS

Presents

COD BLACK-OPS TOURNAMENT

SATURDAY MARCH 26TH STARTING AT 3PM
CALL OF DUTY BLACK OPS (XBOX 360)
DOHET 9TH FLOOR — 4 PLAYER TEAMS
PRIZES FOR WINNING TEAM AND MOST KILLS
RSVP BY 15MAR* (\$40 PER TEAM)

CALL OF DUTY BLACK OPS TOURNAMENT

REGISTRATION FORM

RATE YOUR TEAM LEVEL (PLEASE CIRCLE):


Private 1st Lt
(Beginner)


SGT
(Intermediate)


SFC
(Advanced)


CSM
(Expert)

NAME OF YOUR TEAM: _____

POC and Phone Number: _____

TEAM MEMBERS (4 Player Teams):

IS YOUR TEAM WILLING TO BRING AN XBOX 360 W/ COD GAME? **YES/NO?**

PLEASE RETURN THIS REGISTRATION FORM AND THE \$40 REGISTRATION FEE TO YOUR SECTION/DEPARTMENT BOSS REP BEFORE 15 MARCH.

----- CUT HERE -----

GROUND RULES: BOSSCODE0703/26/11

- Inappropriate behaviors will NOT be tolerated and participants/spectator involved will be ask to leave.
- Please bring enough controllers for all the team members
- NO ALCOHOL ALLOWED!
- By registering, your team agrees to follow the ground rules and the instructions given by the event organizers.

RECEIPT FOR (NAME OF THE TEAM): _____

TEAM WAS REGISTERED BY (NAME AND SIGNATURE OF THE BOSS REP, AND DATE): _____

CALL OF DUTY BLACK OPS TOURNAMENT— 3/26/11 STARTING @ 3pm—DOHET

Krukowski Road will be open at all times. Work will end at approx 6:30 pm daily. DPW thanks you for your understanding as they work to improve Tripler infrastructure.

A hospital-wide Linen Inventory will be held on April 4 from 6:30 to 11:30 am. All using activities at Tripler AMC and U.S. Army Health Clinic, Schofield Barracks, are required to participate in this inventory. A Linen Management Section representative will be contacting appropriate users for the required briefing on inventory procedures and provide the necessary Inventory Instruction Sheet and Count Sheet.

The 13th Annual James W. Bass Research Symposium featuring presentations of selected Graduate Medical Education Research will be held May 11, 2011 in the Tripler Army Medical Center Kyser Auditorium. The 4th Annual Donald A. Person Poster Session displaying clinical case studies and Graduate Medical Education Research will be held from noon to 2 pm on Wednesday, 11 May 2011 in the 10th Floor Conference Room. All TAMC GME Program Directors, House Staff and Staff are strongly encouraged to attend and support the research achievements of TAMC's outstanding

GME trainees. Abstract deadline will be April 15, 2011. Call Maj. Jason Barnhill at 433-7170 for more information.

The U.S. Army, Pacific and the Australian Defence Force (ADF) are sponsoring the 21st Asia-Pacific Military Medicine Conference (APMMC XXI), May 2-6, 2011 at the Sydney Hilton. The website is now up and open for registration. Log on to <http://www.apmmc.org> for more information.

Air Soft Warriors Hawaii, a non-profit organization of air-soft enthusiasts dedicated to hosting air-soft tournaments in the name of Wounded Warriors, is looking for individuals who would like to volunteer their time or provide a donation of any amount for an upcoming tournament. Who: VOLUNTEERS. Open registration for teams (requires own equipment) What: Air Soft Tournament Where: Schofield Barracks Urban Assault Training Area (MOUT) When: Saturday, March 26, 2011, time TBD Why: To raise funds and awareness for the Wounded Warrior Project. And to have fun! Contact Capt. Girah Caraballo at 433-4033/7828 for more information.

FY 2011 TAMC CME ACTIVITIES					
Date	Speaker	Presentation Topic	TAMC	Time	Credits
30 Mar	Ms. Erin Lawler	Clinical Case Review - Building a Better Mouse Trap/ How Human Factors Can Improve Patient Safety (Act 2011-0279)	Kyser	07:00-08:00	1.00
11 May	Dr. Dale Smith	The Military and Clinical Research (Annual Bass Research Comp)	Kyser	08:30-09:15	0.75
25 May	Dr. Sarah Park	Outbreak! The Role of Hawaii Dept of Health	Kyser	07:00-08:00	1.00
29 Jun	Speaker TBA	Clinical Case Review—TBA (Activity 2011-0279)	Kyser	07:00-08:00	1.00
12 July(Tues)	Dr. Susan Cox	Faculty Development— Professionalism Across the Generations- Relativity in the Workplace Clinical Teaching	Kyser	07:00-09:00	2.00
27 July	Ms. Kathy Clark	Who's on First	Kyser	07:00-08:00	1.00
3 Aug	Dr. Karen Burmeister	Kokua and Blood—Transfusion Medicine	Kyser	07:00-09:00	2.00
31 Aug	Speaker TBA	Clinical Case Review—TBA (Activity 2011-0279)	Kyser	07:00-08:00	1.00
14 Sep	Dr. Tomas Ferguson	MRSA	Kyser	07:00-08:00	1.00

Watch for updates throughout the year.

Please register in the MEDCOM CME website for TAMC Grand Rounds (Activity 2010-0303) or Clinical Case Reviews Activity 2011-0279 <https://education.mods.army.mil/CME/Secure/> Look for details in the TAMC Announcements. For additional CME activities please go to the Intranet - DOHET - CME website calendar. CME office 432-2712.

22 March 2011

