



REMINDERS:

- **The Great American Smokeout is Nov. 17.**
- **The Company C Change of Command ceremony is at 1 p.m., Nov. 18, at the Schofield Barracks Health Clinic Soldiers' Pavilion.**
- **The Thanksgiving Meal at Anuenue Café is Nov. 24, 11 a.m.-1:30 p.m.**

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TAMC public health officers deploy, assist NY State disaster victims

*Stephanie Bryant
TAMC Public Affairs*

In late October two of Tripler Army Medical Center's U.S. Public Health officers travelled to New York State to provide aid to residents suffering from the devastation left by Hurricane Irene and Tropical Storm Lee.

In the last week of August, Hurricane Irene devastated eastern New York State, just days before Tropical Storm Lee moved in and caused historic flooding in the region.

Lt. Eduardo Cua, director of TAMC's tele-behavioral health program and U.S. Public Health officer, and Lt. Cole Weeks, TAMC's Department of Social Work and U.S. Public Health officer, were both on call in October and received the tasking to travel to New York to help establish an infrastructure in support of the local disaster relief.

For both of the officers, this was their first deployment for the U.S. Public Health Service.

"It is kind of a two-part mission," said Cua. "I was part of the first group for the (six-month) mission so our job was to establish an infrastructure to provide disaster case management services to the residents of the affected counties."

Cua, who spent his two and a half weeks in the town of Owego, NY, said the town had been devastated by flooding from



Lt. Eduardo Cua, director of TAMC tele-behavioral health program, poses in front of the Disaster Recovery Center where he provided care from Oct. 18-Nov. 2 in Owego, NY.

Tropical Storm Lee.

"The people were so close knit and tied to their community," he said. "For me, from the behavioral health stand point, the thing that sticks out in my mind was watching people pick up the pieces of their lives and their amazing resiliency."

Weeks said the deployment was an eye-opening experience for him, as well.

"As a public health officer, it was a good opportunity to see

how a multi-disciplinary team can deploy to areas in need and provide assistance," said Weeks.

Cua agreed it was the best collaboration between federal, state and county agencies that he has ever witnessed.

"(Federal Emergency Management Agency) came up with a list of people whose homes were destroyed, had major or minor damage and my team went door to door," explained Cua. "We went out to those homes, made sure that they were able to register with FEMA and made sure they had been to the disaster recovery center. The team helped them get clothing, heaters and other essentials."

Cua and Weeks look forward to future deployment opportunities.

"This is part of our service and mission," said Cua. "We want to be able to get out there to promote and advance care to people who would have normally gone without care."

"We all have a lot of expertise and skills in the office and we can provide and make a difference for Soldiers and family members," said Weeks.

"(Deployments) provide another area to utilize our skill set in the field and in more remote and isolated areas."



For more Organizational Day photos, see page 5.

TAMC 6 Sends



Gallagher

"You have built a strong foundation of talent and a high work ethic that has increased the reputation of Tripler and the Pacific RMC at the MEDCOM and Army levels and I contend the envy of our peers in the USA MEDCOM."

-Brig. Gen. Keith Gallagher

Aloha. I am indeed honored to serve you and love working here at TAMC. I hope you do too. Fiscal Year 2011 is gone. It was a terrific year and you (that is every military, civilian and contract employee) did magnificently in building greater knowledge of our clinical and business practices, worked tirelessly to increase the MAPS and IT knowledge, and improved the clinical quality through greater emphasis and "direct work" on our ORYX, HEDIS and individual roles/responsibilities. You have built a strong foundation of talent and a high work ethic that has increased the reputation of Tripler and the Pacific RMC at the MEDCOM and Army levels and I contend the envy of our peers in the USA MEDCOM. So, we cannot stop and claim victory as much as I would like to do so. We must continue to train more and more, increase our base and intellectual knowledge of our new and more seasoned staff members. We must endeavor to be the most trusted medical team in the world. Yep. That is our vision. We do that by doing and every one of you proved that is the

case this past fiscal year. Please look at yourselves and ask, "What else can I do for our patients?" What else can I do for my fellow staff member?" Ask yourself where we are with respect to clinical prowess; that is, what are our ORYX measures, infection rates, patient satisfaction rates, and so on. Feel free to consult the experts in our health system for answers. They want to help. Talk to your supervisors as well.

For Fiscal Year 12, our Army Surgeon General has worked diligently to keep the funding at the same level. We have made many strides in tele-behavioral health, Fusion Cell, Comprehensive Behavioral Health System of Care, Pain Management, ARFORGEN & SRPs, and more. We want to sustain that. By the same token, we want to eliminate any inefficiencies and redundancies that have no value added. Look internally and ask yourself, "Can we afford this?" You may be surprised at your answers. I look to you to make this happen. I am anxious to continue the momentum and continue to improve such that we can state unequivocally that PRMC is the most trusted medical team in the world. We have that kind of

potential at TAMC and within the Region.

Lastly, I want to recognize the sacrifices of two of our own non-commissioned officers. Staff Sgt. Newman was killed in action in Afghanistan in late October. He served with the 44th Medical Brigade and was doing fantastic work. He did the same here at Tripler's Department of Psychology. He loved being a Soldier and loved taking care of Soldiers and our patients. Please remember him and his family. Staff Sgt. Evans died unexpectedly at home this past summer. He was a very hard worker and most competent and capable non-commissioned officer. He was well-liked and respected by his emergency department staff teammates and the rest of us in the hospital. Tripler also lost several of our civilian employees to unexpected and expected medical illnesses. Ms. Conchita Guevarra worked in the Women's Health Product Line and Ms. Connie McCarty worked at Schofield Barracks Health Clinic. Without a doubt, these staff teammates and all others we have lost, contributed blood, sweat, energy, and for some most of their adult lives to Tripler. We thank them and will miss them all. Imua! TAMC 6

Chaplain's Thought of the Week

Sherman Baker
Chap. (Col.)
Command Chaplain, PRMC

Keep Moving

Reflection:

A college class was graduating on a hot and humid day. As the graduates walked across the platform and received their diplomas from the president of the college, he smiled, shook their hands, and said loudly, "Congratulations!" Then, in a much lower voice,

one that was firm and could be heard only by the graduates, he would say, "Keep moving."

He was only trying to keep the line moving across the stage, but his words were good advice for a lifetime: "Keep moving." After every achievement growing up, graduation, marriage, job promotion, even retirement the best advice is, "Keep moving." Don't stop. Don't stagnate.

There is more to life than you have found thus far. This is not the end; it is only the

beginning. "Keep moving."

When we approach life with this attitude, we look forward to the future and what God has in store for us.

Prayer:

Our Heavenly Father, we thank you for always being present with us, and for keeping us moving, moving in the right direction. Continue to give us the faith to recognize your presence and to turn to you in our time of need we pray. Amen.



Chaplain ministry is available 24 hours a day. Patients desiring to see a Chaplain should call 433-5727 or ask your nurse to contact the Chaplain for you. After duty hours, a Chaplain may be contacted through the Information Desk at 433-6661. Chaplains are located on D-Wing, 3rd floor.

DPW Sewer Line Project



The installation Directorate of Public Works will be repairing a main sewer line along Krukowski Road through April 3, 2012.

This is a major line which needs to be replaced from the warehouse entrance road down to the front gate area and there will only be one-way outbound only traffic along Krukowski Road between 9 a.m.-3 p.m. Monday-Friday between the dates listed. Prior to 9 a.m. and after 3 p.m. normal traffic lanes will be open.

This line has been a problem for some time and it's repair is required to prevent a major line failure.



American Red Cross

The Red Cross office will be volunteer-run from today until Dec. 2 in the absence of the station coordinator. Our projected office hours will be Monday, Tuesday and Thursday from 9 a.m. to 1 p.m., but if possible, please give us a call first to assure someone will be in the office. Regular office hours will resume on Dec. 5.

Our winter break volunteer orientation will be held on Dec. 19 from 9 a.m.-2:30 p.m. in the TAMC Chapel. We will be taking a maximum of 40 participants on a first-come, first-serve basis and will not be accepting walk-ins on the day of orientation. Please call the Red Cross office to register.

The TAMC ARC office phone number is (808) 433-6631.

Flu Vaccination Schedule



| | | |
|-----------------|---------|----------------------|
| Mokapu Elem | Nov. 17 | 8:30 a.m.-12:30 p.m. |
| Mokulele Elem | Nov. 17 | 8 a.m.- 12 p.m. |
| Shafter Elem | Nov. 18 | 8-11 a.m. |
| Pear Harbor Kai | Dec. 1 | 8 a.m.-12 p.m. |
| Hale Kula Elem | Dec. 2 | 8 a.m.-1 p.m. |

Beneficiary Locations:

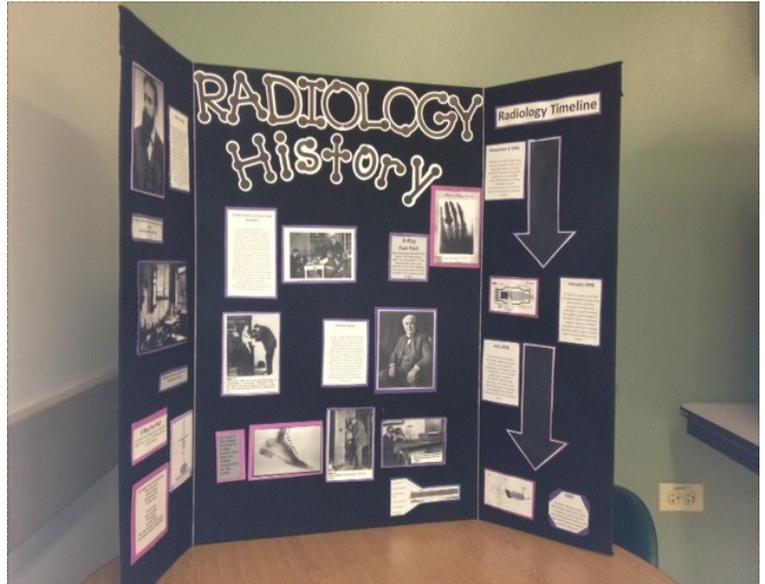
- Navy Branch Clinic, Kaneohe Bay
Monday, Tuesday, Wednesday and Friday, 7:30-11:30 a.m., 1-3 p.m.
Thursday, 7:30-11:30 a.m., 1-2 p.m.
- Makalapa Clinic
Monday to Friday, 7:30 a.m.-5 p.m.
1st Saturday of each month, 8 a.m.-4:30 p.m.
- Headquarters Clinic (Bldg 1750)
Monday to Friday, 7 a.m.-3:30 p.m.

- TAMC Immunization Clinic
Tuesday, 1-3 p.m.
Wednesday and Friday, 9-11:30 a.m.
- Schofield Barracks Health Clinic
Monday to Thursday, 7:30-11:30 a.m.
Friday, 901 1:30 a.m.
Monday, Wednesday and Friday, 1-3p.m.
Tuesday and Thursday, 1-2 p.m.
- Hickam Immunization Clinic
Monday and Friday, 8-11:45 a.m., 1-4 p.m.
Tuesday and Thursday, 7:30-11:45 a.m., 1-4p.m.
Wednesday, 7:30-11:45 a.m., 1-2 p.m.
Closed 3rd Thursday of every month
- Warrior Ohana Medical Home
Monday -Friday, 8 a.m.-noon and 1-4 p.m.

National Radiologic Technology Week

November 6-12 was National Radiologic Technology Week.

National Radiologic Technology Week is the time each year when you can demonstrate the importance of medical imaging and radiation oncology. National Radiologic Technology Week is celebrated annually to recognize the vital work of R.T.s across the nation. The celebration takes place each November to commemorate the anniversary of the x-ray's discovery by Wilhelm Conrad Roentgen on Nov. 8, 1895. The week-long celebration calls attention to the important role medical imaging and radiation therapy professionals play in patient care and health care safety. (Photo courtesy of the Department of Radiology)



TRICARE COMMITTEE MEETING

TRICARE Hawaii Regional Beneficiary Advisory Council & Healthcare Consumer Committee Meeting is being held Dec. 14. For more information, click the following link: <https://einvitations.afit.edu/HCC121411/anim.cfm>.

RSVP deadline is Dec. 12.

2011 HOLIDAY RECEPTION

This year's Holiday Reception is at Quarters 7, Dec. 10. Please RSVP by Dec. 7. For more information and to view the e-invitation, click on the following link: <https://einvitations.afit.edu/HolidayReception2011803/index.cfm>

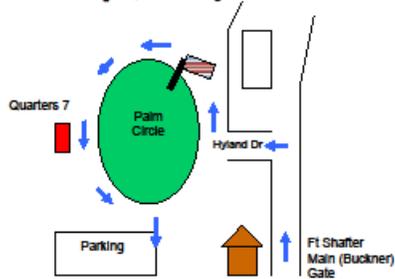
Please attend in accordance with the following schedule:

Last Name beginning with

A-J: 1:00 p.m.-2:00 p.m.

K-Z: 2:30 p.m.-3:30 p.m.

Please park at the end of Palm Circle.



Organizational Day Snapshots & Commander's Cup



Blood Battle Awards: Company B was awarded the red Blood Battle Champions streamer for having the most Soldiers donate blood throughout 2011; Company C was awarded the bronze streamer for having the highest percentage of Soldiers donate blood.
Retention Awards: Company A/D was awarded the Retention Excellence streamer; Company B was awarded the Retention Success streamer; Company C was awarded the Retention Achievement streamer.
Commander's Cup Trophy: Company B took home the trophy!





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TAMC Public Affairs

Room 3A016
3rd Floor Oceanside

Phone: (808) 433-5785

Please send submissions for the TRIPLER 360 newsletter to TAMCPublicAffairsOffice@amedd.army.mil. All submissions must be received by Tuesday to be included in the Wednesday edition.

WE NEED YOUR BLOOD TYPE...
Please Donate!

Tripler Blood Donor Center
Oceanside 2nd floor
Room 2A207
433 - 6148

Donate Blood
A SIMPLE GIFT
ASBP
militaryblood.dod.mil

You are cordially invited to the grand opening of our Emergency Waiting Room
On
Monday, 21 November, 1030

**Emergency Department Entrance
3rd Floor, H Wing (Across from IMC)**

NEW HOURS at the Anuenue Café

MONDAY-FRIDAY STARTING NOVEMBER 7th

Breakfast
Self Serve: 0600-0930
Grill: 0600-0815
Grab and Go: 0700-1030

Lunch
Grill: 1100-1300
Main line: 1100-1330
Self Serve: 1100-1430
Grab and Go: 1100-1300

Dinner
Main line: 1600-1730
Grab and Go: 1730-2230

Night meal: 2230-0200

Nutrition Care Division
Welcomes TAMC Staff & Families to a
Thanksgiving Meal
Thursday, 24 November 2011, 1100-1330

\$7.00 per person / \$5.95 for Family Members of E-4 & below

Appetizer
Shrimp Cocktail

Soup
Lobster Bisque

Entrée
Roast Turkey with Giblet Gravy
Prime Rib with Au Jus

Accompaniments
Garlic Mashed Potato
Savory Bread Dressing
Sweet Potato Casserole
Steamed Rice
Assorted Dinner Rolls

Vegetables
Green Bean Casserole
Ginger Glazed Baby Carrots

Desserts
Pumpkin Pie * Apple Pie * Pecan Pie

Grab n Go & Short Order Line Closed
Breakfast will close at 0800



Charlie Company, Tripler Army Medical Center



**Company Commander
Change of Command**

Outgoing Commander: CPT Victor F. Sorano
Incoming Commander: CPT Daniel J. O'Neill

CPT Victor F. Sorano



CPT Daniel J. O'Neill



Date: Friday, 18 November 2011

Location: Schofield Barracks Health Clinic, Soldiers Pavilion

Time: 1300 HRS

Company Commander is responsible for planning and executing collective training of the company towards full mission readiness in support of the Higher Headquarters combat and peacetime service support and state of emergency missions.

Synergy

Come join our Project Armor prevention group to be empowered by learning decision making skills, cultivating your strengths, and connecting oneself to healthy, drug-free, positive activities.

Where? Schofield ASACS Office~127 Lewis Street, Bldg.647

When? Thursday's from 1:30-2:30pm (Oct.27, Nov.3,10,17, Dec.1,8,15)

Who can join? Adolescents from 6th to 8th grade

Who to contact? Ms. Sara Hill at 655-9944 or 655-5080

Each week's activities will include a group discussion, a group activity or team building experience, and reflection of individual successes and challenges.

To find out more about ASACS services, and/or this group, stop by our ASACS office on Schofield or call the ASACS office.

Services provided through ASACS are free, voluntary and confidential.

Hope you can come!



ADOLESCENT DEPLOYMENT SUPPORT GROUP

AVAILABLE AT WHEELER MIDDLE SCHOOL

Learn interesting ways to manage deployment issues that other adolescents have found helpful.

The Deployment Support Group (DSG) will meet weekly at the ASACS office at Wheeler Middle

School. We will be meeting during lunch on Thursdays.

To find out more information, stop by my office (next to Mr.

Koki) or ask any of your teachers to send a message to the ASACS counselor, Mr. Justin Fienhold, via school email.

You may also reach Mr. Justin at WMS at 622-6525 or at the

Schofield Barracks ASACS office at 655-9944.

Services provided through ASACS are free,

voluntary and confidential.



Native American Indian Heritage Month

Service, Honor, Respect
Strengthening our Cultures and Communities by Embracing Diversity

Monthly Schedule of Events

- 4 Nov - 1100-1430
DFAC Native American Meal
(Avenue Cafe)
- 4 Nov - 1100-1200
Native American Informational Table Setup
(Tripler Oceanside Welcome Desk)
- 8 Nov - 1100-1200
Native American Informational Table Setup
(Schofield Barracks Health Care Pharmacy)
- 16 Nov - 1100-1200
Native American Informational Table Setup
(Tripler Mountaintop Welcome Desk)
- 29 Nov - 1100-1200
Native American Informational Table Setup
(Schofield Barracks Health Clinic Pharmacy)

Check us out on Facebook



Like us @
www.facebook.com/APHNHawaii

SCHOFIELD BARRACKS PEDIATRIC CLINIC NEW HOURS

Starting November 7, 2011

Monday, Wednesday- Friday Clinic Hours: 7:00am – 5:00pm

Tuesday 8:00 am – 5:00pm

Closed Daily: 12:00pm to 1:00pm

Immunization Hours:

Monday, Wednesday, Thursday, Friday- 8:00 – 11:00am, 1:30- 3:30pm

Tuesdays: 9:00 – 11:00am, 1:30 – 3:30pm

Thursdays No PPD!

