



## WHAT KIND OF INJURIES DO WE CARE FOR IN OUR CLINIC?

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Typical injuries are associated with strains, falls, and exposures to hazards that may be present in the work environment.

These injuries are generally not life-threatening. Patients are able to walk without assistance, can tell us what happened to them, and do not need stitches or a cast.

Serious injuries that require immediate attention and stabilization are best treated in the Emergency Room.

## ELIGIBILITY

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If you are a DA/DoD civilian employee of Tripler Army Medical Center, you are eligible for treatment at the Occupational Health Clinic when you get hurt at work.

If you are active duty military, please see your assigned medical provider for care of your injury.

## ABOUT OUR CLINIC:

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Our staff specializes in the treatment of injured workers.

Our nurses have many years of experience taking care of patients - several of our nurses are Certified Occupational Health Nurses (COHN).

Our doctors are Board Certified in Occupational Medicine (a.k.a. Industrial Medicine). We have a full time physician, Dr. Clarissa Burkert, who is dedicated to the care of injured civilian Tripler employees, and has worked over twenty years of Occupational Medicine experience.

We are also fortunate to have our own ergonomist, industrial hygienists, environmental health technicians, and safety experts to help make your

work place safe and comfortable.

Diagnostic tests and treatment for your work related problem are available at Tripler AMC at no cost to you.

Our goal is to provide you with the best possible medical care for your job-related injury in a location that is convenient and accessible for you.

## STEPS TO TAKE WHEN YOU ARE INJURED:

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Report the injury to your supervisor. He/she will make sure that you have the assistance that you need in order to receive the proper medical attention, and help you to file a workers' compensation claim.

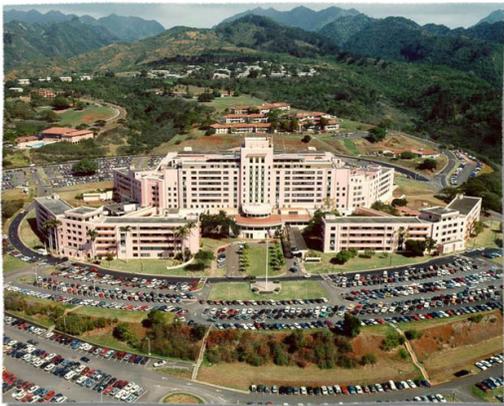
For a new traumatic injury that does not need to be seen in the Emergency Room, you have the option of calling our clinic at (808) 433-6835, or going to your own doctor. We will see you as soon as we can. You are welcome to ask your supervisor to come with you for the first visit, so that issues related to your return to work can be addressed.

## STEPS TO TAKE WHEN YOU ARE INJURED (cont):

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If the injury or work-related condition is older than a few days, or came on gradually, call us at 433-6835 for an appointment. For example, if you have recurrent pain in your neck, back, hand, wrist, or other part of your body that you think is related to work, you can make an appointment to see the doctor. We normally schedule evaluations for the more chronic injuries on Wednesday and Friday mornings.

Do not wait until the condition is severe enough to keep you from working! The earlier you come to see us, the more likely it is that we can help you.



## Occ. Health Clinic Staff:

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Clarissa Burkert, MD  
Joann Ling, RN, COHN-S/CM  
Lenora Cossey Taft, RN, COHN-S/CM  
Alison Ghiselli, RN  
Paula Buzzell, RN  
Wendy Moore, LPN  
Carrie Prisby, Secretary



## Our Clinic Phone and Location:

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PHONE: (808) 433-6835  
LOCATION: Oceanside 7A

## Occ. Health Clinic Hours:

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Monday through Friday: 0800-1530.

TRIPLER ARMY  
MEDICAL CENTER

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# OCCUPATIONAL HEALTH CLINIC



If you are injured at work,  
we are here to help you!

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LOCATION: Oceanside 7A  
PHONE: (808) 433-6835