



Behavioral Health Consultation Service

Is your child having difficulty with any of the following problems or concerns?

Weight loss/gain

Adjustment concerns

Depression

Anger outbursts

Eating healthier

High blood pressure

Stress (stress mgmt/relaxation)

Headaches

Sleep problems

Always feeling tired

Concentration problems

Relationship problems

Academic difficulties

Worries/anxiety

If so, ask your Primary Care Provider about including Internal Behavioral Health Consultation as part of your treatment program

The Internal Behavioral Health Consultant (IBHC) works closely with your primary care provider to help develop a treatment plan that addresses the physical, behavioral, and emotional aspects of your child's health.

IBHC provide recommendations to your child's medical provider and helps your child to develop skills, change habits, and use available resources to better manage problems affecting your child's health and well-being.

To make an appointment with our IBHC provider please call 433-4165 and ask our front desk staff to schedule an appointment.