EGD/EUS/ERCP Preparation Check-list:

Procedure Date: Time:

This is an estimate and may not be the exact time of your procedure. All efforts will be made to keep to the scheduled time, but delays may occur. Thank you in advance for your patience.

A. Females of childbearing age MUST have a urine pregnancy test within **72 hours before procedure.**
**Complete at least 30 minutes before coming to GI clinic or your procedure will be delayed.

B. **Patient using Coumadin or Plavix should follow instruction discussed with your doctor.**

1 DAY PRIOR TO PROCEDURE: DATE:

- ☐ Drink plenty of other fluids to stay hydrated (water or juice)
  NOTHING TO EAT/DRINK AFTER MIDNIGHT

Medications: all medicines should be taken as regularly scheduled, unless previously discussed with your doctor. Take only ½ of any long acting insulin the night before the procedure (lantus, ultralente, etc.)

MORNING OF PROCEDURE: DATE: TIME:

- All medicines should be taken as regularly scheduled, unless previously discussed with your doctor. Take only ½ of any long acting insulin morning of the procedure. DO NOT TAKE ANY SHORT ACTING INSULIN or GLYBURIDE/GLYPIZIDE
  **Check your sugar in AM

REPORTING FOR PROCEDURE: DATE: TIME:

- ☐ Go to Hospital Oceanside Admissions (1st floor , first door to right) at least 45 minutes before procedure time. (433-6112)
- ☐ Go to GI clinic on Hospital Mountainside (4th floor). (433-1077)
- ☐ Procedure and Recovery: **Approximately 2-3 hours**
  - No driving, alcohol, exercise, or work 12 hours following procedure.
- ☐ **ESCORT MUST BRING YOU TO CLINIC AND REMAIN AT HOSPITAL UNTIL DISCHARGED. YOU WILL BE ASKED TO SIGN DISCHARGE INSTRUCTIONS BEFORE PROCEDURE, AND WILL NOT BE RELEASED WITHOUT ESCORT PRESENT.**
  ****Please note: We will not perform procedure if you do not have an escort to take you home upon arrival to the clinic.**

Please call the GI clinic with any question or concerns regarding your preparation. (433-4084).
To reschedule or cancel call 433-1077.
**Leave all valuables at home as we are not responsible for lost items. Dress comfortably.

THANK YOU.